

# COOL

*youth work project*



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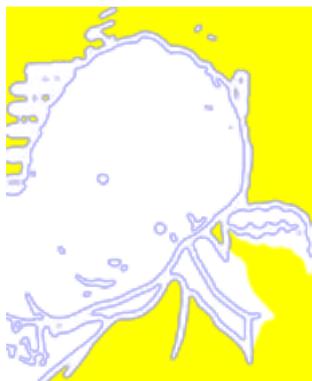
## Annual Report

*for the year ending*  
30<sup>th</sup> November 2005

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Constituted as a Trust and as a registered charity in the name of  
*Christian Outlook on Lochalsh*, Scottish Charity Number SC031455



COOL is an interdenominational youth work project in partnership with Scripture Union Scotland through the Associate Worker Scheme, which has employed a full time youth and schools' worker. The objects of the Trust, as set out in the constitution, are to encourage and support the young people of Lochalsh and the surrounding area, helping them to establish and strengthen their relationship with God and provide social and recreational opportunities.



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**COOL is an interdenominational project in partnership with Scripture Union Scotland through the Associate Worker Scheme, under which has been employed a full time youth and schools' worker to work amongst the young people of this very rural area of North West Scotland.**

COOL aims to cover all the villages and ten primary schools which currently send their children to Plockton High School. This incorporates Applecross to the north, Glenelg to the south, together with the parish of Strath and Sleat on the Isle of Skye. Within that region there is a combined population of approximately 7000 people (including over 800 school children) and covers a geographical area of about 300 square miles. Public transport is limited with no local evening bus or train service and much of the population lives in isolated locations. Plockton High currently has 343 on the school role.

Providing opportunities for youth in our rural setting presents its own challenges. Due to the sparse population, lack of public transport and long distances between villages, there are few local opportunities for young people. The facilities that are available tend to be sited in the larger centres of population (such as Kyle) which can be as far as 50 miles from the outlying villages. As the majority of students at the high school travel by school bus, after school activities are restricted. Typical social issues of the twenty first century are as problematic in the Scottish Highlands as in urban Britain: drugs and alcohol are easily accessible and misused by some.

In August 2000 a committee was formed from members of local Christian congregations to work towards employing a youth worker in the area. During that time the committee met at regular monthly intervals until, in January 2001, COOL was launched and registered as a charity in Scotland. The post of youth worker was advertised the following June with interviews in July. Mr. Dave Mockett was duly appointed and in November 2001 took up the post of youth worker for COOL.



Dave was brought up in Gloucester and gained a BSc(Hons) and MPhil at the Manchester Metropolitan University. He then studied for a PGCE (Secondary) at Strathclyde University, before working for three years as the Youth Worker at Airdrie Baptist Church, heading up the young people's ministry, both within and without the church and in local schools. He is married to Ruth and they have one son named Joshua.

Dave is supported in his work for COOL by the management committee, local ministers and youth leaders. As an SU Associate Worker, he is also supported nationally by SU's extensive network of schools workers. The Associate Worker Scheme offers training and development, management support to the committee and a team of workers throughout Scotland, bringing all the benefits of a national body to the local communities.

## YEAR FOUR OF YOUTH WORKER'S WORK



Dave is now very well known throughout the area in all the local schools and in most of the churches. Appreciations made by people from local churches at prayer meetings held by COOL and from the surveys made as well as more informal contacts have been very positive and have given much encouragement both to Dave and to the rightness of the work being undertaken. He is continually being sought for further school input and for help by the churches. In this the fourth year of his contract, he has continued to build on his previous work as well as to develop new initiatives.

### *SCHOOLS WORK: PLOCKTON HIGH SCHOOL*



As in previous years Dave continues to be a key member of the Christian Support Team. Involvement in the school has followed a similar pattern to previous years: taking assemblies, including Remembrance Day and Christmas, sometimes on his own, sometimes with others from the team or with help from the young folk, taking RE and PSE classes from time to time and having considerable input to the S6 Ethics Conference. Dave has built up very good relationships over the past three years with the current S6 which greatly helped in events such as

the Ethics course and in their readiness to discuss issues with him at more informal times. This year they looked at the theme of personal philosophies: how we arrive at what we believe and whether it makes sense. Evaluations from the pupils were most positive. At Dave's suggestion daily Youth Bibles were given to each S6 school leaver who wished to receive one. Over half the sixth form turned up to meet with Dave prior to the exams and really appreciated the bibles which also contained contact details for the four school chaplains.

Dave's Club which meets each week continues to strengthen as a regular clientele drop in for a chat, activities and discussion and is another way in which primary school contacts can be informally maintained at High School. Visits each Wednesday evening continue to the Hostel and are well received. Along with his wife Ruth in their new home in Braeintra they continue to hold a weekly

bible discussion meeting for those of High School age and although numbers are small those who attend are very appreciative.

Outwith the area excursions have been made to join with other young folk in Inverness at Xtreme and some young folk with Dave attended a new youth festival in Inverurie called 'Imagine.'

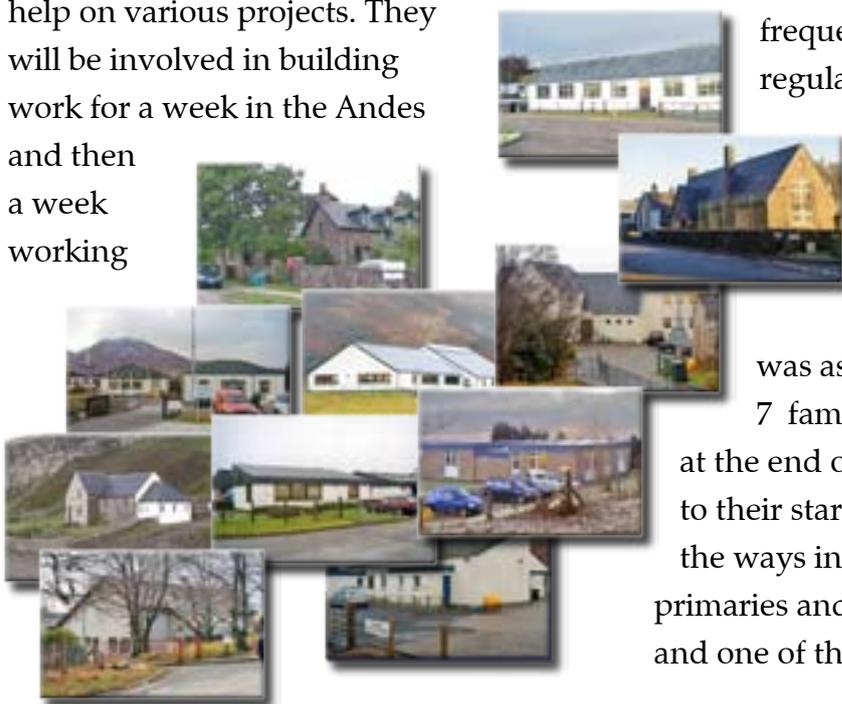
Lack of early enough bookings unfortunately caused a weekend away in November to be cancelled. A further week-end at the SU centre of Alltnacriche



is planned for March and this time with enough early bookings is able to go ahead. These events as well as offering times of

good fun with plenty of interesting and exciting activities allow for more in-depth discussions in relation to the Christian Faith and are also important for personal and social development. COOL continues to offer financial assistance to those for whom attendance would otherwise prove difficult. It also helps and encourages local youth workers who come as helpers on the team of leaders.

Following on Dave's exploratory visit with a number of other people to Peru last January to see the work being done there through the Vine Trust along with SU Peru and with support from Plockton High School, a major new initiative is the plan to take five S6 school leavers out there in July with the Vine Trust Work Party to help on various projects. They will be involved in building work for a week in the Andes and then a week working



with the boys in Iquitos on the Amazon which will help street children there. It is hoped that this initiative will be a life-changing experience for these young folk and will at the same time also enhance Dave's own vision and experience. All are working hard at raising the necessary funds and so far, are on target. We were disappointed that the new Vine Trust boat due for Peru Amazon Hope 2 was unable at the last minute to visit Kyle, due to the inclement weather in September.

As a result all the planned school visits to the boat had to be cancelled but an excellent Churches meeting in the evening was able to



go ahead as Dave himself, most ably, took responsibility for all the explaining and answering of questions at extremely short notice.

#### *PRIMARY SCHOOLS*

Regular visits to all the eleven Primary Schools in the area take place and frequent assemblies are held on a regular basis as well as RE classes from time to time. Dave continues to serve on both Kyle and Glenelg School Boards. At the invitation of the High School Dave was asked to help with the Primary 7 familiarisation visit to Plockton at the end of the summer term prior to their starting secondary ... one of the ways in which the work with the primaries and the High School overlap and one of the benefits of his involvement

in all the different schools in the area and of the insight this gives him. Again he distributed the helpful booklet *It's Your Move* to all primary school leavers and again this was funded by the churches for which the committee are most appreciative.

#### *YOUTH WORK*

Dave has continued to support various youth groups as the need has arisen and requests made notably in Glenelg and Kyleakin but has stepped down as treasurer of LYLAC (Kyle) effective from Christmas due to pressure of other commitments. He has provided teaching material for the Girls Brigade in Glenelg and attended a training day with Scottish Crusaders with a view to giving some support to a new club in Kilmore. In these ways he has sought to support a wide variety of youth initiatives.

Worship on the Pavement has continued on a monthly basis with a small faithful and appreciative group.

#### *CHURCHES*

A major part of the work in the summer term was preparation for the various Holiday Clubs on the theme of Treasure Island. For these a Training Day at the beginning of June for all potential helpers



(about 30 attended) took place and training was provided for them on various aspects of the clubs

e.g. teaching materials, working with a group, crafts, games, memory work etc.. Dave led three of these clubs i.e. in Kintail, Lochalsh and the new one in Strath and Sleat and he co-led in Lochcarron. The three established clubs also featured a P7+ club called Quest which ran in the afternoons and evenings making for very full days! Over 250 young folk participated in these. These were a major commitment particularly as Dave and Ruth also moved house during the summer. However they have helped forge new links with the various congregations and accordingly invitations to preach and lead a wide variety of services have followed including Harvest and Christmas.

Area Prayer meetings focusing on the needs of children and young people have been held throughout the area. These have been well supported and have further helped to forge links with the churches as they have got to know Dave better and he has had the opportunity to talk briefly about his work and to encourage the local youth leaders in theirs.

#### *PARTNERSHIP WITH SU*

Dave continues to attend Staff Conferences and other meetings thus having the opportunity to share with others in the same line of work and having opportunities too for his own personal and professional development. Colin Carmichael of SU Staff continues to offer support and to attend COOL meetings on a regular basis, his input being much appreciated.





**COOL IS AN INTERDENOMINATIONAL YOUTH WORK PROJECT IN PARTNERSHIP WITH SCRIPTURE UNION SCOTLAND THROUGH THE ASSOCIATE WORKER SCHEME, WHICH HAS EMPLOYED A FULL TIME YOUTH AND SCHOOLS WORKER. THE OBJECTS OF THE TRUST, AS SET OUT IN THE CONSTITUTION, ARE TO ENCOURAGE AND SUPPORT THE YOUNG PEOPLE OF LOCHALSH AND THE SURROUNDING AREA, HELPING THEM TO ESTABLISH AND STRENGTHEN THEIR RELATIONSHIP WITH GOD AND PROVIDE SOCIAL AND RECREATIONAL OPPORTUNITIES.**

**TRUSTEE'S REPORT 2004 / 05**

The last year has been a time for crucial decisions for COOL. Dave completed his initial four year contract and we have completed four years in partnership with Scripture Union Scotland. Feedback from local congregations, schools, church leaders, teachers, parents and supporters was unanimous that we should continue the project and Dave was willing to sign a new continuing contract. He and the family had moved into their

new home in Braeindra during the summer.

Two congregations had pledged new, regular financial support and existing financial support was re-pledged. Further

grants to cover the projected shortfall were received from the Church of Scotland Parish Development Fund and Lloyds TSB Foundation. We give thanks to God that we were able to

announce the continuation of the project for the foreseeable

future. We also decided, after researching alternative possibilities, to continue our partnership with Scripture Union Scotland. We have been very grateful to them for all the advice and support we have received and especially for the regular support we receive from Colin Carmichael, the Regional Worker for SU in South Highlands and Western Isles.

At the annual meeting of the Trustees the day to day running of the Trust was delegated to the Management committee. Two planning meetings were held during the year and the management committee met on six occasions. The chairman met regularly with Dave to discuss his work, providing support and encouragement. As an Associate Worker with Scripture Union Scotland, Dave attended a number of training days and the staff conference where he benefited from meeting other youth and schools workers from around Scotland.

The Annual Celebration was this year held in Auchtertyre Primary School. We were very encouraged by the big turn out of supporters from all over the area and positive feed back received following the event. There was a feeling of unity



between the denominations as we joined together to thank God for His work among the young people in the area.

Once again three newsletters were produced and distributed, these provide most of our publicity and so we continue to try to increase the circulation. Local prayer meetings focusing on young people and their needs were held in four different locations twice during the year. These have been increasingly well attended and have been opportunities to share information about work being carried out by the different youth groups throughout the area. We have been very encouraged to work with many volunteer youth leaders over the year, in youth clubs and churches. Over 60 individuals were involved in the various Holiday Clubs over the summer, 27 came to training sessions. Many are already looking forward to Summer 2006. Without the

volunteer leaders there would be no youth work in the area and it is a privilege to be able to offer support, encouragement and training through Dave.

Mindful of our duty to protect employees and volunteers, a Group Partnership Policy was drawn up to protect the Youth Worker when working with other organisations in situations not covered by Scripture Union Scotland and following a recommendation made by Scripture Union Scotland COOL have taken out Trustee Indemnity Insurance.

#### *PERSONNEL*

We were very pleased to welcome Phil Picking on to the committee. Phil comes from a background in banking and computers and has already proved to be a valuable member of the team. We are very grateful and thank the members of the Management Committee for their commitment over the past year.

Signed on behalf of the Trustees



M. Gardiner,  
Chairperson  
7th February 2006

## OBJECTIVES FOR THE COMING YEAR

*TO CONTINUE BUILDING UP RELATIONSHIPS WITH YOUNG PEOPLE.*

Dave will continue to work closely with the young folk in Plockton High School, being available informally at lunchtime each Wednesday and on Wednesday evenings in the hostel. Dave's Club is being developed having attracted over forty pupils in the Autumn term. The sixth form Ethics Day arranged by the chaplaincy team was the "best one yet" and Dave was able to involve two ministers from adjoining parishes. This day will continue to be a regular part of the school program. All eleven primary schools will be visited this year. A residential weekend for P6 and up is planned for March when a group of over forty will stay at Alltnacriche near Aviemore.

*TO PROVIDE OPPORTUNITIES FOR PERSONAL AND SOCIAL DEVELOPMENT.*

With over 250 children and young people now attending holiday clubs in an area where there have been few organised holiday activities, Dave will continue to facilitate four this summer, although will only be in attendance at one. He will seek to encourage a community aspect to the programs. Also a football week is planned

for Easter with YFC. Dave continues to contribute to the school curriculum giving opportunities to the young people to explore and compare Christian values with other beliefs.

*TO PROVIDE COMMUNITY & CITIZENSHIP OPPORTUNITIES FOR YOUNG ADULTS, HELPING THE TRANSITION FROM SCHOOL TO FURTHER EDUCATION OR FULL TIME EMPLOYMENT.*

The work party to Peru with five S6 students will provide a unique opportunity for personal development and global awareness. The students are all raising their own funds to finance the trip and the project. Following last years S6 Bible initiative, Dave will offer to keep in touch with university students and provide contacts in the main Scottish university cities.

*TO PROVIDE TRAINING FOR VOLUNTEER YOUTH LEADERS.*

Training this year will be very much hands on as Dave passes responsibility for holiday clubs over to communities. He has also committed to regularly support the leadership of Kyleakin youth club and Glenelg youth club. He is now part of the planning team and meets each term with the leaders as well as attending the club on a monthly basis.

## FUNDING AND FINANCIAL FORECAST

This year, we were awarded a three year grant of £13,000 from the Church of Scotland Parish Development Fund and the first instalment of £3,000 was received in July. Additionally, Lloyds TSB gave us a one-off grant of £3,980 and the Scottish Co-operative Society provided £400 towards the cost of a new sound system. We are most thankful to all these organisations for their support of the work of COOL.

Local, individual giving reached a total of £14,610 over the year and in addition we received two extraordinary donations amounting to a total of £7,500. Pledged donations from local churches during the year amounted to £1,775 and the Open Door Café gave £1,661 to the work. The

there is a need for further, regular committed giving

committee are encouraged and most thankful for this increase in local giving but are aware that there is a need for further, regular committed giving if the work is to be continued over the coming few years.

Throughout the year there were special events, which included the S6 Ethics Day, regular local prayer for youth meetings and four holiday clubs. The committee were most grateful for the support and encouragement from the local churches and individuals, both financially and also in the giving of their time and prayer.

### *PROJECTED FUNDING FOR 2005 / 2006*

	Income [ £ ]	Expenditure [ £ ]
Pledged Personal Donations	10 700	
Gift Aid from Inland Revenue	3 000	
Other Personal Gifts	3 900	
Parish Development Fund	5 000	
Pledged Church Donations	3 900	
Open Door Café	1 200	
Youth Worker's Salary & Employment Costs		22 164
Travel Expenses		3 600
Youth Work Expenses		1 200
Administration		360
Special Events		700
Insurance		580
Staff Development		500
	27 700	29 104

## Statement of Financial Activities (year ending 30 November 2005)

	Notes	Unrestricted Funds (£)	Restricted Funds (£)	Total Funds (£)	Total 2004(£)
<b>Incoming Resources</b>					
Donations	2	29,590	1,395	30,985	25,560
Extraordinary Personal Donations (> £2000)	2	7,500	0	7,500	0
Activities in furtherance of objects	3	0	2,999	2,999	3,794
Investment income and interest		298	0	298	184
<b>Total Incoming Resources</b>		<b>37,388</b>	<b>4,394</b>	<b>41,782</b>	<b>29,538</b>
<b>Resources Expended</b>					
Youth Worker's salary / employment costs	4	21,477	0	21,477	20,930
Support Costs	5	6,368	400	6,768	
Fund raising and publicity		155	0	155	240
Management and Administration	6	95	995	1,090	0
Activities in furtherance of objects	3	497	3,752	4,249	3,794
<b>Total Resources Expended</b>		<b>28,592</b>	<b>5,147</b>	<b>33,739</b>	
<b>Net incoming for the year</b>		<b>8,796</b>	<b>-753</b>	<b>8,043</b>	
<b>Total Funds at 1 December 2004</b>		<b>13,001</b>	<b>1743</b>		<b>14,744</b>
<b>Total Funds at 30 November 2005</b>		<b>21,797</b>	<b>990</b>	<b>22,787</b>	

## Balance Sheet as at 30 November 2005

	Notes	2005 (£)	2004 (£)
<b>Fixed assets</b>			
Tangible assets	5	1,258	0
<b>Current assets</b>			
Cash at bank and in hand		22,787	14,744
<b>Creditors: amounts falling due within one year</b>		0	0
<b>Creditors: amounts falling due after one year</b>		0	0
<b>Net current assets</b>		24,045	14,744
<b>Net assets</b>		<u>24,045</u>	<u>14,744</u>
<b>Unrestricted funds</b>			
General funds		21,797	14,744
<b>Restricted funds</b>	3	990	1,743
<b>Total funds</b>		<u>22,787</u>	<u>16,487</u>

Approved by the Trustees on 7th February 2006.



M. Gardiner, Chairperson, 7th February 2006

Christian Outlook on Lochalsh

*Scottish Charity No: SCO31455*

Report by the Independent Examiner

I have examined the Trustee's report, the association's accounting records, and the Receipts and Payments Account and Statement of Balances that are attached as part of this document. To the best of my knowledge and belief, and in accordance with the information and explanations given to me:

- a. the association is eligible under section 7 (1) of the charities Accounts (Scotland) Regulations 1992 to choose to have an independent examination, instead of an audit. I therefore do not express my opinion on the view given by the accounts.
- b. the Receipts and Payments Accounts and Statement of Balances have been properly prepared from the records of the association and are in agreement with them.
- c. the Receipts and Payments Accounts and Statement of Balances comply with the Charities Account (Scotland) regulations 1992 and with the association's constitution.

Signed

A handwritten signature in black ink, appearing to be 'R Anderson', followed by a horizontal line extending to the right.

Robert Anderson

7th February 2006

1. Accounting policies

- (a) The financial statements have been prepared under the historical cost convention, as modified by the inclusion of fixed asset investments at market value and are in accordance with applicable accounting standards, the Charities Accounts (Scotland) Regulations 1992 and Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) issued in March 2005. Although SORP 2005 applies to accounting years commencing on or after 1st April 2005, COOL has chosen to adopt it for the current financial period.
- (b) Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.
- (c) Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.
- (d) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.
- (e) Resources expended are allocated to a particular activity where the cost relates directly to that activity.
- (f) Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, which in all cases is estimated at 4 years. Items of equipment are capitalised where the purchase price exceed £500.
- (g) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.
- (h) Designated funds are unrestricted funds earmarked by the management committee for particular purposes.
- (i) Restricted funds are to be used for the specific purposes as nominated by the donor. Any expenditure, which meets these criteria, is charged to that fund.

2. Donations including Grants in 2004/05

	Unrestricted (£)	Restricted (£)
Pledged Personal Donations	9,720	
Other Personal Donations	4,890	
Extraordinary Personal Donations (> £2,000)	7,500	
Pledged Church Donations	1,775	
Gift Aid from Inland Revenue	4,539	
Open Doors Café	1,661	
Parish Development Fund	3,000	
Lloyds TSB Grant	3,980	
Ushop Ugive	25	
CWS Grant for sound system	0	400
Lloyds TSB Grant for Organisational Review	0	995
Camps/Holiday Clubs	0	1,365
Books/Bibles	0	68
Peru Appeal	0	1,566
<b>2005 Total</b>	<b>37,090</b>	<b>4,394</b>

3. Activities in furtherance of objects

Restricted funds were used for the following activities in furtherance of the charity's objects and the incoming resources and total resources expended during the year are shown in the following table (all amounts in £). There were shortfalls of funding for all activities. In the case of the Peru Appeal the shortfall was covered from restricted funds bought forward from the financial year ending 30 November 2004 and the shortfall for the other activities were met from general funds.

	Incoming in year	Expended in year	Shortfall	Funds at 1 Dec 04	Funds at 30 Nov 05	Transfer from General Funds
Peru Appeal	1,566	2,319	753	1,743	990	0
Camps/Holiday Clubs	1,365	1,589	224	0	0	224
Books/Bibles	68	341	273	0	0	273
<b>Total</b>	<b>2,999</b>	<b>4,249</b>	<b>1,250</b>	<b>1,743</b>	<b>990</b>	<b>497</b>

4. Youth Worker's employment costs (£)

Salary	National Insurance	Pension	Life Insurance	Total
18,100	1,698	1,629	50	21,477

5. Support Costs (£)

Travel Expenses	Youth Worker Expenses	Insurance	Capital Expenditure	Staff Development	Total
3,556	879	575	1,258	500	6,768

A replacement laptop computer and a new sound system for presentations were purchased during the year these items make up the capital expenditure shown above. Grant funding from CWS of £400 was provided towards the sound system and the remaining costs were met from general funds.

6. Management and administration costs

An external organisational review of COOL was undertaken at a cost of £995. This was funded by a grant from Lloyds TSB, who also provided another one-off grant of £3,980 during the current financial year. COOL is very grateful to Lloyds TSB for their support to the project over the last four years.

## OVERSIGHT OF COOL

### *TRUSTEES*

Mrs. Jill Clayton	Church of Scotland, Lochalsh
Mr. Malcolm Gardiner	Lochalsh Christian Fellowship, Kyle
Rev. John M. MacDonald.	Church of Scotland, Lochalsh
Rev. Roddie Rankin	Free Church of Scotland, Plockton & Kyle

### *THE MANAGEMENT COMMITTEE*

#### **Chair:**

Mr. Malcolm Gardiner ( <i>Trustee</i> )	Lochalsh Christian Fellowship, Kyle
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#### **Treasurer:**

Mrs. Alison Beaton	Free Church of Scotland, Plockton & Kyle
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#### **Secretary:**

Mrs. Jill Clayton ( <i>Trustee</i> )	Church of Scotland, Lochalsh
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Mrs. Alison Angus	Church of Scotland, Lochcarron
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Mr. Colin Carmichael	Scripture Union Scotland
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Mr. Noel Gordon	Church of Scotland, Lochalsh
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Mrs. Ruth Harris	Lochalsh Christian Fellowship, Kyle
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Mrs. Linda Inglis	Free Church of Scotland, Plockton & Kyle
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Mr. Phil Picking	Church of Scotland, Lochcarron
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### *PRINCIPAL OFFICE*

COOL, Headcorn, Erbusaig, Kyle, Ross-shire. IV40 8BB

The Committee have adopted the Evangelical Alliance Statement of Faith.